

**CURRICULUM VITAE**

**LENORE ARAB**

**OFFICIAL TITLE AND ADDRESS:**

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**BIRTHDATE:** May 15, 1953

**CHILDREN:** five

Julie Anne Kolzet, Masters in Marriage Counseling  
Gabrielle Zora Arabella Kohlmeier- Student of Law and International Policy George Washington U  
Michael Kolzet- Graduate of UNC  
Alice Ebel- Medical Student , Humboldt University, Berlin  
Paul Kohlmeier- Undergraduate University of Vermont

**ACADEMIC RANK:** Professor

**EDUCATION:**

<u>Degree and Year</u>	<u>University</u>	<u>Major</u>
B.S., 1975	Colgate University, Hamilton, NY	Biology
M.Sc. 1977	Harvard University, Boston, MA	Nutrition
Ph.D. 1982	Justus Liebig University, Giessen, GER	Nutrition

**Thesis Title:** "Nutrition and Health in German Men and Women, a population based study of biochemical indicators and dietary assessment of nutritional risks"

**OTHER PROFESSIONAL ACTIVITIES:**

Director, Training Grant On The Nutritional Biochemistry and Epidemiology of Carcinogenesis  
Director, Nutritional Epidemiology Core of the University of North Carolina At Chapel Hill  
Clinical Nutrition Research Unit  
Head of the Nutritional Epidemiology Program in the Epidemiology Department  
Former Member National Academy of Science NRC Committee On The Toxicological Effects of Methylmercury

Former Member of the National Academy of Science Food and Nutrition Board Subcommittee on the Uses and Interpretation of Dietary Reference Intakes.  
WHO Expert Advisory Panel on Nutrition (1990 through 2002)  
Board of Scientific Advisors, Institute of Nutrition of the University of North Carolina System (August 1998-August 2001)  
Board of Directors, Habitat for Humanity, Chair, Family Selection Committee  
Editorial board of the *European Journal of Clinical Nutrition*, *Journal of Clinical Epidemiology*, *Nutrition in Clinical Care*, and *Nutrition and Cancer: An International Journal*,  
North American Editor, *Public Health Nutrition*

Member of: European Academy of Nutrition Scientists  
International Epidemiological Society  
The Nutrition Society  
Collegium Ramazzini  
European Cancer Prevention Society  
Society for Epidemiologic Research  
American College of Epidemiologists  
American Society of Clinical Nutritionists  
Delta Omega Society  
Society for International Nutrition Research

#### **MAJOR RESEARCH INTERESTS:**

Anticarcinogens in foods (tea components, glucosinolates, carotenoids, tocopherol); diet and cancer progression (apoptosis and angiogenesis), breast cancer; prostate cancer; iron nutriture, and multi-media approaches to dietary assessment

#### **PROFESSIONAL EXPERIENCE:**

July 2004-	Visiting Professor of Epidemiology, UCLA School of Public Health
August 2003-July 2004	Senior Director, Head of Global Epidemiology Amgen Inc., Thousand Oaks, California
August 1992-September 2004	Professor, Departments of Epidemiology and Nutrition, School of Public Health, University of North Carolina at Chapel Hill
January 1992-December 1992	Visiting Professor, Harvard School of Public Health
March 1986-August 1992	Chair, Director and Professor, Department of Epidemiology of Health Risks, Institute of Social Medicine and Epidemiology ,Bundesgesundheitsamt, Berlin (Federal Health Office)
September 1988-present	Director, WHO Collaborating Center for Nutritional Epidemiology
September 1978-March 1986	Epidemiologist and Nutritional Scientist, Clinical Institute for Heart Disease Research, University of Heidelberg, Germany

## SCIENTIFIC JOURNAL REVIEW:

North American Editor Public Health Nutrition inception until August 2003

Editorial Board Committee Memberships:

*European Journal of Clinical Nutrition*

*Journal of Clinical Epidemiology*

*Encyclopedia of Human Nutrition*

*Nutrition in Clinical Care*

Regular Reviewer:

*Journal of National Cancer Institute*

*Epidemiology*

*J Nutr Biochemistry*

*J Clin Epidemiology*

*European Journal of Clinical Nutrition*

*Environmental Health Perspectives*

## PUBLICATIONS: MONOGRAPHS

1. **Arab L**, Schellenberg B, Schlierf G. Nutrition and Health - A study of young women and men in Heidelberg. Contributions to infusion therapy and clinical nutrition - Research and Practical Application. 1981. 7: 1-203 (in German).
2. **Arab L**, Schellenberg B, Schlierf G. Nutrition and Health - A Survey of Young Men and Women in Heidelberg. Ann Nutr Metab. 1982. 26(1): 1-244 (in German).
3. **Arab L**, Karg G, Karlsruhe. Development and use of nutrient database in the FRG. Report on a seminar from 12th to 13th April 1984 in the Department of Nutrition Economy and Nutrition Sociology Coordination. Nutrition Research Facility of the Federal Government (1984). (Report of the Nutrition Research Facility of the Federal Government BFE-R-84-04) (in German).
4. Henke KD, Behrens C, **Arab L**, Schlierf G. The costs of nutritional related diseases. Volume 179 of the Publication Series of the federal secretary of youth, family, and health. Stuttgart: Kohlhammer. 1986. 1-286 (in German).
5. **Arab L**, Wittler M, Schettler G. European Food Consumption Tables In Translation. (Publications of the Geomedical Research Facility of the Heidelberg Academy of Sciences. Supplement to congress reports of the mathematical and natural science class 1987). Springer Publisher Berlin, Heidelberg, New York. 1987. 1-155.
6. **Arab-Kohlmeier L**, Sichert-Oevermann W, Schettler G. Thiamine supply and status of the population of the FRG. Publications of the Geomedical Research Facility of the Heidelberg Academy of Science; Supplement to the congress report of the mathematical-natural science class of 1988. Springer Publishers: Berlin-Heidelberg. 1988. 1-86 (in German).
7. **Arab-Kohlmeier L**, Sichert-Oevermann W, Schettler G. Iron supply and iron status of the population of the FRG. Publications of the Geomedical Research Facility of the Heidelberg Academy of Science; Supplement to the congress reports of the mathematical and natural science class of 1989. Springer Publishers: Berlin-Heidelberg. 1989. 1-114 (in German).

8. **Kohlmeier L**, Helsing. Editors: Epidemiology Nutrition and Health: Proceedings of the 1st Berlin Meeting on Nutritional Epidemiology: Smith-Gordon: London, Tokyo. 1989. 1-109.
9. **Kohlmeier L** Editor: Dietary Studies in Europe: IUNS Committee on Nutritional Surveillance. Smith-Gordon: London, Tokyo. 1989. 1-137.
10. **Kohlmeier L**. The Diet History Method. Proceedings of the 2<sup>nd</sup> Berlin Meeting on Nutritional Epidemiology. Smith Gordon: London, Tokyo. 1991. 1-143.
11. **Kohlmeier L**. (Ed.) Validation, Quality Control and Measurement Error in Nutritional Epidemiology. Proceedings of the 4th WHO-BGA Meeting on Nutritional Epidemiology. EJCN. 1993. 47 (2): 1-77.
12. **Kohlmeier L**, Kroke A, Poetsch J, Kohlmeier M, Martin K, Henke K D. Nutritionally Related Diseases and their Costs (in German), Publications of the Federal Ministry of Health, Volume 27, Nomos Publishing House, Baden-Baden. 1993. 1-331.
13. **Kohlmeier L** (Ed.) Dietary Assessment Resource Manual. J Nutr. 1994. 124 (11S): 224S - 2317S.
14. **Arab L**. Epidemiologic challenges in the study of efficacy and safety of medicinal herbs. Public Health Nutrition. 2000. 3(4A): 453-457.
15. **Arab, L**. Public Health Nutrition. Edited by Michael J. Gibney, Hester H. Vorster and Frans J. Kok. Blackwell Science Ltd., Oxford, UK. 2004.

## BOOK CHAPTERS

1. **Arab L.**: Analyses, Interpretation and Presentation of Results. In Manual on Methodology for Food Consumption Studies, Oxford University Press, 1988, P 145-168.
2. **Kohlmeier L.**: Problems and pitfalls of food-to-nutrient conversion. In: W. Becker, E. Helsing: Food and health: Data sources for nutrition policy-making in Europe. WHO Regional Publications, European Series No. 34. Copenhagen, 1990, P 73-84.
3. Nordhagen R, **Kohlmeier L**. Food and Nutrition. In The Sundsvall Handbook, "We Can Do It!", edited by Haglund, B, Pettersson B, Finer D and Tillgren P 3rd International Conference on Health Promotion, Sundsvall, Sweden, June 9-15, 1991. WHO Publication, Geneva, Switzerland, 1991, P 75-103.
4. **Kohlmeier L.**: Epidemiology of Anti carcinogens in Food. In: Nutrition and Biotechnology in Heart Disease and Cancer. Ed. John B. Lohgenecker et al, Plenum Press, New York, 1995, P 125-139
5. **Kohlmeier L**, Ammerman A, Campbell M. Use of visuals in dietary assessment. Proceedings of the 20th National Nutrient Databank Conference, June 11-13, 1995, Buffalo, New York. Ed. Roberta Markel, Jean Pennington, Phyllis Stumbo, P 96-100.
6. **Kohlmeier L**, DiMarini D, Piegorsch WW: Gene Nutrient Interactions in Nutritional Epidemiology In: Design Issues in Nutritional Epidemiology. Ed.: B. Margetts, M. Nelson, Oxford Press, London 2<sup>nd</sup> edition, 1997, P. 312-227.

7. Popkin B, **Kohlmeier L**, Zoohari N, Baturin A, Martinchik A, Deev A: Nutritional risk factors in the former Soviet Union. In J-L Bobadilla and C Costello, eds. *Premature Death in the New Independent States*. Washington, D.C.: Academic Press, 1997, P. 314-334.
8. Popkin B, Baturin A, **Kohlmeier L**, Zoohori N: Russia: monitoring nutritional change during the reform period. IN: *Implementing Dietary Guidelines for Healthy Eating*. Ed. Wheelock, V., Chapman & Hall, London, 1997, P 23-46.
9. **Kohlmeier L**. Enhancing Small Risks in Epidemiologic Studies. Hoffmeister H, Szklo M, Thamm M, eds. *Epidemiological Practices in Research on Small Effects. Contributions to a Conference held in Berlin/Potsdam, October 10-13, 1995*. Berlin: Springer Verlag, 1998.
10. **Kohlmeier L**: Epidemiology of Breast Cancer. in: Nick Fallon, ed. *Encyclopedia of Human Nutrition*. London: Academic Press Ltd., 1998, 225-229.
11. **Arab L**, Mendez M. Controversies surrounding diet and breast cancer, in *Carcinogenic and Anticarcinogenic Factors in Food: Novel Concepts, Proceedings of the International Meeting held in Kaiserslautern, October 4-7, 1998*. Weinheim: Wiley-VCH.
12. **Arab, L**, Steck-Scott, S: Individual Nutritional Recommendations: Do we have the measurements needed to assess risk and make dietary recommendations? *Public Health Nutrition Textbook*. Dublin: Nutrition Society Human Nutrition Textbook Series, 2003.
13. **Arab, L**, Steck-Scott, S.: Cancer and Diet. *Public Health Nutrition Textbook*. Dublin: Nutrition Society Human Nutrition Textbook Series, 2004, [21], P 341-356.

## ORIGINAL PAPERS

1. Oster P, **Arab L**, Schellenberg B, Heuck C C, Mordasini R, Schlierf G. Blood pressure and adipose tissue linoleic acid. *Res. Exp Med* 1979;175: 287-291 (in German).
2. Schlierf G, Schellenberg B, **Arab L**, Kohlmeier M, Oster P Nutrition and metabolic diseases. *Diagnostic* 1979; 12: 239-241 (in German).
3. Schlierf F, **Arab L**, Schellenberg B, Oster P. Nutrition surveys and risk factors--Problems of correlation. *Problems Around Nutrition Surveys*. Eds. W. Auerswald, B. Branstetter, S. Gergely. Wien: Maudrich 1979; 77-88.
4. **Arab L**, Schlierf G, Schellenberg B, Kohlmeier M. A cost-benefit analysis of methods for nutrition surveys. Eds. W. Auerswald, B. Branstetter, S. Gergely. Wien: Maudrich 1979; 131-144.
5. Schellenberg B, Schlierf G, **Arab L**, Oster P, Schaefer D, Vogel G. Determination of alcohol consumption--Results of "the men-study of Heidelberg". Eds. W. Auerswald, B. Branstetter, S. Gergely. Wien: Maudrich 1979; 185-193.
6. Schlierf G, **Arab L**, Schellenberg B, Oster P, Mordasini R, Schmidt-Gayk H, Vogel G. Salt and hypertension: data from the "Heidelberg-Study". *Amer. J. Clin. Nutr.* 1980; 33: 872-875.

7. Schlierf G, **Arab L**, Gries F A, Oster P, Schellenberg B. Development of the nutrition situation in the FRG. In: Nutrition Report 1980. Eds.: Germany Society of Nutrition, Frankfurt/Main 1980; 1-11 (in German).
8. Schlierf G, **Arab L**, Kohlmeier M, Oster P, Schellenberg B. Nutrition dependent health problems. Der Kassenarzt 1980; 20: 2033- 2037 (in German).
9. Schlierf G, **Arab L**, Kohlmeier M, Oster P, Schellenberg B. Actual nutrition problems from the viewpoint of an internist. Medical Forum 1980; 4: 19-35 (in German).
10. Schlierf G, **Arab L**, Kohlmeier M, Schellenberg B, Wirth C, Schettler G. Physical activity and risk factors. Sport and High Performance Medicine/Congress Volume-Congress of German Sports Physicians 1980; 309-311.
11. Schlierf G, **Arab L**, Schellenberg B. About the salt consumption in Germany. Recent Nutrition Medicine 1981; 6:123-124 (in German).
12. Oster P, **Arab L**, Kohlmeier M, Mordasini R, Schellenberg B, Schlierf G. Hyperlipidemia: Relation to diet and reasons for nutrition therapy. Recent Nutrition Medicine 1981; 6: 204-207.
13. **Arab L**, Kohlmeier M, Schellenberg B. Oral Contraception and cardiovascular risk. Internal Medicine 1982; 9:117-121 (in German).
14. Schellenberg B, **Arab L**, Schlierf G. Alcohol - "Food stuff" with side effects. Internal Medicine 1982; 9:122-125 (in German).
15. Kohlmeier M, **Arab L**, Nowack G, Schlierf G. Cholesterol gall stones and diet. Internal Medicine 1982; 9:126-129 (in German).
16. **Arab L**, Schellenberg B, Heuck CC, Kohlmeier M, Schlierf G. Adipose tissue composition, activity and serum lipids in young German women. In: Diabetes and exercise:(Current Problems in Clinical Biochemistry (1982), edited by M. Berger, PChristacopoulos and J. Wahren, Bern-Stuttgart-Vienna: Huber, 1982; 133-141.
17. **Arab L**, Schlierf G. About the iron supply in Middle Europe. In: Malnutrition in Europe? Scientific Congress of the Austrian Society of Nutrition Research, Swiss Society of Nutrition Research, German Society of Nutrition. 1st and 2nd October 1981 in Augsburg. Scientific Coordination: G. Schlierf, G.Wolfram. Stuttgart: Scientific Publishing Society, 1982, 57-68 (in German).
18. Schlierf G, **Arab L**, Oster P, Schellenberg B. Nutrition-Observed and expected values. Fats, Soaps and Painting Substances 1982; 84 (2): 588-591 (in German).
19. Oster P, **Arab L**, Kohlmeier M, Mordasini R, Schellenberg B. Nutrition during lipid metabolism disturbances. Weekly Clinical Journal of Wien 1982; 94: 97-100.
20. Oster P, **Arab L**, Kohlmeier M, Mordasini R, Schellenberg B, Schlierf G. Effects of estrogens and progestogens on lipid metabolism. Am J Obstet Gynecol 1982; 142: 773-775.
21. Schlierf G, **Arab L**, Kohlmeier M, Oster P, Schellenberg B, Vogel G. On the cardiovascular risk of young inhabitants of Heidelberg - Results of a representative survey on health status and lifestyle. In: Progress in Internal Medicine. Eds.: B.

- Kommerell, P Hahn, W. Kubler, H. Morl, E. Weber, Berlin: Springer, 1982, 128-134 (in German).
22. Tschope W, **Arab L**, Schellenberg B, Schlierf G, Ritz E. Oral hormonal contraceptives lowers plasma phosphorus and urinary calcium. German Society of Internal Medicine 1982; 88: 795-808 (in German).
  23. Schlierf G, **Arab L**, Oster P. Influence of diet on high density lipoprotein, Am.J.Cardiol. 1983; 52 (4): 17B-19B.
  24. **Arab L**. Coding and entry of food intakes. Proceedings of the Eight National Nutrient Data Bank Conference, July 25-27, 1983, Minneapolis, Minnesota. Edited by R. Tobelmann. US Dept. of Commerce, National Technical Information Service, Springfield, VA, 1983, 13-22.
  25. **Arab L**, Kohlmeier M, Schellenberg B, Schlierf G. Relationships between diet and adipose tissue fatty acid composition in a free-living population. In: Diabetes, Obesity and Hyperlipidemia II. Eds.: G. Crepaldi, P J. Lefebvre, D.J. Galton. London, New York: Academic Press, 1983, 195-198.
  26. Schellenberg B, **Arab L**, Kohlmeier M, Schlierf G. The effect on adipose tissue fatty acid composition of low dose alcohol consumption in a normal young population. Ibid, 243-245.
  27. Schlierf G, **Arab L**, Kohlmeier M, Oster P, Tabouillot W. Risk factors in the elderly. Scientific Symposium University of Padua, 20.5.1983. Giornale dell Arteriosclerosi 1983; 1: 23-28.
  28. Schlierf G, **Arab L**, Oster P, Schellenberg B. Nutrition and arteriosclerosis - Possibilities of prevention. Bibliotheca Nutritio et Dieta. Basel: Karger, 1983, 32: 47-54 (in German).
  29. **Arab L.**: Coding and entering of data on food into a computer. In: Development and Use of Nutrient Databases in the FRG. Report on a seminar from 12th to 13th April 1984 in the Department of Nutrition Economy and Nutrition Sociology. Coordination: Arab, L, G. Karg. Karlsruhe: Nutrition Research Facility of the Federal Government, 1984 (Report of the Nutrition Research Facility of the Federal Government BFE-84-04) 1984; 114-125 (in German).
  30. Pfannendorfer H, **Arab L**. Codification and analysis program of food contents. Ibid, 137-147 (in German).
  31. Bellin O, **Arab L**. ESSEKAN - A standardized 24-hour recall protocol on physical activity and food consumption. Ibid, 192-203 (in German).
  32. **Arab L**. EUROFOODS: Towards compatibility of nutrient data bases in Europe. Proceedings of the Ninth Nutrient Data Base Conference, June 18-20, 1984, Amherst, Massachusetts. US Department of Commerce, National Technical Information Service, Springfield, VA, 1984.
  33. **Arab L**. Extent of an insecure supply with minerals and vitamins in selected sub populations. In: Nutrition Report 1984, German Society of Nutrition, 1984, Chapter 1.3.2, 47-65 (in German).

34. **Arab L.** Nutrition and chronic diseases in the Federal Republic of Germany. In: Health Problems in Asia and in the Federal Republic of Germany. How to solve them? Proceedings of a Seminar on "Techniques and Problems of Intervention Trials in Developing and Developed Countries", Berlin, 1st July - 19th July, 1984. Edited by F.P Schelp, Frankfurt/Main: Verlag Peter Lang, 1984, 257-265.
35. **Arab L.** Dietary assessment in epidemiological studies. Proceedings of a Seminar on "Techniques and Problems of Intervention Trials in Developing and Developed Countries", Berlin, 1st July - 19th July, 1984. Edited by F.P Schel P Frankfurt/Main: Verlag Peter Lang, 1984, 265-277.
36. Schlierf G, **Arab L**, Oster P, Schmidt-Gayk H. Malnutrition in older age. Therapy Weekly 1984; 34: 772-778 (in German).
37. **Arab L**, Fischer E, Heeschen W, Hoffmeister H, Hotzel D, Kohlmeier M, Kubler W, Rottka H, Schlierf G, Schmidt-Gayk H, Thefeld W. Examination of the nutritional and health status of younger and older people in the FRG. Final report 1984 and a research project sponsored by the federal secretary of youth, family and health, 1984.
38. Tschope W, Ritz E, Schellenberg B, **Arab L**, Schlierf G. Decreased plasma phosphate under hormonal contraceptives. Mineral and Electrolyte Metabolism 1984; 10 (2): 88-91.
39. **Arab L**, Kohlmeier M, Schellenberg B, Schlierf G. HDL-cholesterol and nutrition: Results of an epidemiologic cross sectional analysis. Present Endocrinology and Metabolism 1985; 2: 60-66 (in German).
40. **Arab L.** Nutritional status of the elderly-- Results of a representative population survey. Nutrition Perspective 1985; 32: 67-71 (in German).
41. **Arab L.** The nutritional status of certain groups at risk in the FRG. Result of the nutritional report 1984. In: Nutrition Report 1984. Positions - problems - perspectives. Addition to the Nutrition report 1984. -Discussion results-. Eds.: Foundation Institute, 1985; 46-56 (in German).
42. **Arab L.** Summary of survey of food composition tables and nutrient data banks in Europe. EUROFOODS: Towards compatibility of nutrient data banks in Europe. Annals of Nutrition and Metabolism 1985; 29(1): 39-45.
43. **Arab L**, West CE. Summary of recommendations of the Wageningen workshop and subsequent progress. 7.1 Introduction and principal recommendations. Ann Nutr Metab 1985; 29: 60-68.
44. **Arab L.** EUROFOODS UPDATE. In: Murphy S and Rauschwarer D, eds. Proceedings of the Tenth National Nutrient Data Bank Conference, San Francisco, July 22-24, 1985, 37-46.
45. **Arab L.** Nutritional status of the elderly—results of representative investigation. Ernährungs-Umschau 1985; 32: 67-71.
46. **Arab L.** Study of feasibility and methodology of developing an easily accessible data base of food composition data based on the tables currently existing in different European countries. Final report for the study contract carried out between the European Community and the University of Heidelberg (acting on behalf of EUROFOODS), 1986.

47. **Arab L.** Which influences beside food play an important role for the nutritional status? In: Nutrition and Age. Symposium of the German Society of Nutrition, Sept. 11, 1984 in Heidelberg. Stuttgart Scientific Publishing Society Inc., 1986; 37-47 (in German).
48. Kohlmeier M, **Arab L**, Schlierf G. Lipid metabolism in older age. *Ibid*, 70-74 (in German).
49. Bellin O, **Arab L**, Schlierf G. What older people eat in the FRG. *Ibid*, 26-36 (in German).
50. **Arab L.** Computer-assisted dietary assessment. In: Proceedings of the XIII International Congress of Nutrition, Brighton, UK, August 18-23, 1985. Edited by T.G. Taylor, N.K. Jenkins. London, Paris: John Libbey, 1986; 702-706.
51. **Arab L.** Epidemiological analysis of nutrition habits. In: Scientific Congress 1985; Communication techniques in the field of nutrition, consumption, and household: Present Knowledge and Development, Freising-Weißen Stephan, 25th to 26th October, 1986. Publication services of the Society of Nutritionists and Home Economists, 1986; 6: 62-76 (in German).
52. **Arab L**, Schlierf G. Cardiovascular risk factors and dietary associations in the Federal Republic of Germany. In: Scientific Evidence for Dietary Targets in Europe. *Bibliotheca Nutritio et Dieta* No. 37. Edited by J.C. Somogyi, A. Trichopoulou. Basel: Karger, 1986; 97-103.
53. **Arab-Kohlmeier L.:** Who drinks what and when? Drinking behavior of young men and women in Heidelberg, Michelstadt and Berlin. In: Recent Developments Concerning Non-Alcoholic Beverages. Scientific Symposium at the Occasion of the 600th Anniversary of the University of Heidelberg, July 6 10, 1986. Eds.: Rudolf Wild GmbH & Co.KG, Eppenheim, Part I, 1986; 30-33.
54. Krause K-H, Bonjour J-P, Berlit P, Kynast G, Schmidt-Gayk H, **Arab L.** B-vitamins in epileptics. *Bibliotheca Nutritio et Dieta* No. 38; Nutrition and Neurobiology; 23rd Symposium of the group of European nutritionists, Bonn, May 9-11, 1985. Basel: Karger, 1986; 154-167.
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56. **Arab-Kohlmeier L.:** Summary of Discussion: Session 1 (General Aspects). In: Cancer Risks. Strategies for Elimination. Edited by P. Bannasch. Berlin-Heidelberg: Springer Publisher, 1987; 24.
57. **Arab L.** Epidemiological uses of food composition data in the European context. In: Food Composition Data: A User's Perspective. WM. Rand, T Windham, BW Wyse and R Young, eds. The United Nations University, 1987; 54-64.
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59. **Arab-Kohlmeier L.:** What every physician should know about nutrition: Computer programs for the analysis of the daily intake. In: Health and Environment, 1987: Articles to the continuing education of physicians. Ed. U. Gundert-Remy. G. von Nieding, D. Grossklaus. Papers of the Federal Health Department, MMV Medical Publishing House, Munich, 1988 (in German).
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61. **Arab L.** Towards a merged European Food Composition Database, Edited by K. Fox and L. Stockley, Food Sciences and Nutrition, Volume 42F, Number 1, June 1988; 1-82.
62. West CE, **Arab L.** Eurofoods: Working towards Improvement and dissemination of food composition data in Europe, Edited by K. Fox and L. Stockley, Food Sciences and Nutrition, Volume 42F, Number 1, June 1988; 1-82.
63. **Arab-Kohlmeier L.:** Nutritional Epidemiology in Europe; In: Nutrition and Health; G Wolfram Schlierf, ed.. Stuttgart, Munich: Scientific Publishing Society, Inc, 1988; 29-44 (in German).
64. **Arab L.:** Which roles play environmental damages to our health? Papers of the Federal Health Department, Health and Environment 1988, Articles to the continuing education of physicians, MMV Publishing House, Munich, 1988; 43-46 (in German).
65. Mensink G.B.M, **Arab L.** Relationships between nutrient intake, nutritional status and activity levels in an elderly and in a younger population; a comparison of physically more active and more inactive people. Zeitschrift fur Gerontologie 1989; 22: 16-25.
66. **Arab-Kohlmeier L,** Tiefelsdorf M, Junge B, Hoffmeister H. Are the European recommendations against cancer being followed? Frequencies and trends of some health relevant behaviors in the FRG. Federal Health Paper 10 1989; 32: 453-456 (in German).
67. Junge B, Tiefelsdorf M, **Arab-Kohlmeier L.** Structural changes of the tobacco consumption in the FRG during three decades. Federal Health Paper 10 1989; 32: 451-454 (in German).
68. **Kohlmeier L.** Analytical problems in nutritional epidemiology. In Kohlmeier L, E. Helsing: Epidemiology, Nutrition and Health: Proceedings of the 1st Berlin Meeting on Nutritional Epidemiology: Smith-Gordon 1989; 9-18.
69. **Kohlmeier L,** Rehm J, Hoffmeister H. Lifestyle and Trends in Worldwide Breast Cancer Rates. In: D.L. Davis and D.G. Hoel: Trends in Cancer Mortality in Industrial Countries. Annals New York Academy of Sciences 1990; 609: 259-269.
70. **Kohlmeier L,** Mensink G.B.M, Kohlmeier M.: The Relationship between Coffee Consumption and Lipid Levels in the Federal Republic of Germany, in "Coffee and Coronary Heart Disease", Eds.: Dag S. Thelle & Gerrit van der Stegen, The Nordic School of Public Health, Stockholm 1990; 25-30.
71. **Kohlmeier L.** Computerized diet counseling. Conference Report of the Styrian International Nutrition Congress 1989. Publishing House Austria. Federal Institute for Health 1990; 45-6 (in German).

72. **Kohlmeier L**, Lang. HP. Cholesterol Screening in a communal Prevention Study. Case Study for the WHO European Conference on Nutrition Politics, Budapest, 1-5 1990; 1-18.
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75. **Kohlmeier L**. Antioxidants and cancer prevention. Federal Health Paper 1990; 12: 556-559 (in German).
76. **Kohlmeier L**, Hoffmeister H. Consequences of Current Lipid Guidelines for the Federal Republic of Germany, *Klinische Wochenschrift* 1990; 68: 454-459.
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81. **Kohlmeier L**, Mensink G B M, Kohlmeier M. The relationship between Coffee consumption and Lipid Levels in young and older people in the Heidelberg-Michelstadt-Berlin study. *Eur Heart J* 1991; 12: 869-874.
82. **Kohlmeier L**, Hermann-Kunz E. Is breast cancer a nutritionally related disease? *Bundesgesundheitsblatt*, March 1991; 34 (3): 111-118 (in German).
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