

HS 200A
Health Care Organization and Financing
Fall 2007

Monday, Wednesday & Friday
2:00 PM – 3:50 PM
Room 53-105 CHS

Instructor

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Office hours on-campus:
Mondays & Wednesdays 4:00 pm to 5:00 pm
On-campus office: 31-299C CHS

Other times by appointment off-campus
Off-campus office:
UCLA Center for Health Policy Research
10960 Wilshire Blvd. (at Gayley), Suite 1550

INTRODUCTION

This course is the first of a two-course sequence required of all students in the Department of Health Services. The two courses are:

HS 200A: Understanding the Organization and Financing of the Health Services System
HS 200B: Assessing the Key Problems and Efforts to Reform the Health Services System.

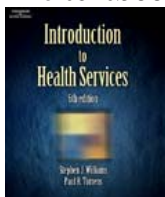
In this course, the learning objectives are that you will gain a basic knowledge and understanding of key issues in: What makes us healthy; What components (both private and public) comprise the U.S. health care system; How it become what it is today; How health services are paid for, including what we spend money on, how it gets paid and how that affects what gets delivered, and public and private systems of health insurance coverage; How health services get delivered by components of the health care system; and How well the system meets the health needs of some population groupings.

The course material and the required assignments are designed to provide you with a foundation for the rest of your academic program. The knowledge, understanding and competencies that are

expected of you in this course are also competencies expected of you in the fields of research, professional practice, and public policy in health services and in public health.

READINGS

1. The **textbooks** for the class will be:



Introduction to Health Services, 6th edition (edited by Stephen Williams and Paul Torrens—referred to below as **W&T**) and *Changing the U.S. Health Care System: Key Issues in Health Services Policy and Management, 3rd edition* (edited by Ronald M. Andersen, Thomas H. Rice and Gerald F. Kominski—referred to below as **ARK**).

These two textbooks will be used in both HS 200A and 200B.

2. The **syllabus** includes a reading list for the lecture topics. These readings are available either in the above textbooks or through the class website at: http://www.ph.ucla.edu/hs/HS_200A_F07_class_webpage/hs_200a_f07.html. For some sessions that list a lot of reading, you will need to make judgments about what to read carefully and what to skim quickly.
3. You are strongly urged to use these **FREE resources**. These have information about many issues covered in the course:

California Healthline: www.californiahealthline.org (an electronic daily summary of key health policy news stories; you should definitely **SUBSCRIBE** to this free online service)

Kaiser Family Foundation: www.kff.org (main website with many current topics) and www.kaiseredu.org (subsidiary website with many materials and links that are useful for this class)

Commonwealth Fund: www.commonwealthfund.org (analyses of many current topics)

California HealthCare Foundation: www.chcf.org (data and analyses of many California health issues)

UCLA Center for Health Policy Research: www.healthpolicy.ucla.edu (many policy research publications on health care), and the California Health Interview Survey: www.chis.ucla.edu (a wealth of data you can access on health and health care of Californians)

PubMed of the National Library of Medicine: www.pubmed.gov (the valuable searchable database of journal articles) and the UCLA Biomedical Library: www2.library.ucla.edu/libraries/Biomed

ASSIGNMENTS

You will be asked to write three short policy memos (3-4 pages) and one term paper (10-12 pages). Each policy memo will be worth 20% of your grade, and the term paper will be worth 40% of your grade (there is no final exam). The policy memos will be due Oct. 19, Nov. 2, and Nov. 16; the term paper will be due Dec. 10.

Each assignment will require you to integrate readings, lectures, and your own analysis into a well-written paper. Papers will be expected to be clearly and tightly written, points clearly made, and appropriately documented with references to readings, lectures, and/or other identified sources.

CLASS AND LECTURE SCHEDULE

| <u>Day</u> | <u>Date</u> | <u>Session</u> | <u>Presenter</u> | <u>Readings, etc.</u> |
|------------|-------------|--|------------------|--|
| F | 28-Sep-2007 | Overview of Course | E. Richard Brown | --- |
| M | 1-Oct-2007 | What is health and how should we measure it? | Robert Kaplan | W&T , chapter 2 (“Overview of the Organization of Health Services in the United States”), pp. 41-46, and chapter 4 (“Patterns of Illness and Disease and Access to Health Care”), pp. 61-89. ARK , chapter 8 (Ganz PA, Litwin MS, Hays RD, Kaplan RM, (“Measuring Outcomes and Health-Related Quality of Life”), pp. 185-211. |
| W | 3-Oct-2007 | What determines health? | Robert Kaplan | W&T , chapter 2 (“Overview of the Organization of Health Services in the United States”), pp. 41-46, and chapter 4 (“Patterns of Illness and Disease and Access to Health Care”), pp. 61-89. ARK , chapter 8 (Ganz PA, Litwin MS, Hays RD, Kaplan RM, (“Measuring Outcomes and Health-Related Quality of Life”), pp. 185-211. |
| F | 5-Oct-2007 | A public health perspective on health | Lester Breslow | W&T , chapter 8 (Torrens PR, Breslow L, “The Evolution of Public Health”), pp 162-176. ARK , chapter 21 (Breslow L, Fielding JE, “Public Health and Personal Health Services”), pp 591-608. |
| M | 8-Oct-2007 | Overview of the U.S. health care system | E. Richard Brown | W&T , chapter 2 (“Overview of the Organization of Health Services in the United States”), pp. 19-32. |
| W | 10-Oct-2007 | History of health care development | Paul Torrens | W&T , chapter 1 (“Historical Evolution and Overview of Health Services in the United States”), pp. 2-17. |
| F | 12-Oct-2007 | Health care expenditures in perspective | Gerald Kominski | W&T , chapter 5 (“Financing Health Services”), pp. 92-123. ARK , chapter 5 (Rice TH, “Measuring Health Care Costs and Trends”), pp. 117-133. |
| M | 15-Oct-2007 | Health insurance coverage | E. Richard Brown | W&T , chapter 5 (“Financing Health Services”), pp. 96-108, and chapter 7 (“Private health insurance and employee benefits”), pp 140-160. ARK , chapter 4 (Brown ER, Lavarreda SA, “Public Policies to Extend Health Care Coverage”), pp. 81-114. Stone, DA. (1993), “The struggle for the soul of health insurance,” <i>Journal of Health Politics, Policy and Law</i> , 18(2), 287-317 (reprint). |
| W | 17-Oct-2007 | Private insurance: Managed care, PPOs, and other forms of private health insurance | Leah Vriesman | W&T , chapter 6 (“Managed Care: Restructuring the System”), pp. 124-139, and chapter 7 (“Private health insurance and employee benefits”), pp.140-160. Robinson J.C. (2004) “Consolidation and the Transformation of Competition in Health Insurance.” <i>Health Affairs</i> 23(6): 11-24. Chernew et al (2007) "Value-Based Insurance Design" <i>Health Affairs</i> 26, no. 2 (2007): w195-w203. |
| F | 19-Oct-2007 | Government health care coverage programs: Medicare | Gerald Kominski | ARK , chapter 20 (Kominski GF, Black JT, Rice TH, “Medicare Reform”), pp. 569-590. Kaiser Family Foundation, <i>Medicare: A Primer</i> , March 2007 |
| M | 22-Oct-2007 | Government health care coverage programs: Medicaid, SCHIP | E. Richard Brown | ARK , chapter 4 (Brown ER, Lavarreda SA, “Public Policies to Extend Health Care Coverage”), pp. 88-98. |

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|------------|-------------|--|-------------------|---|
| | | | | Kaiser Family Foundation, <i>Medicaid: A Primer</i> , March 2007. Iglehart J, "Medicaid Revisited: Skirmishes over a Vast Public Enterprise," <i>New England Journal of Medicine</i> , 2007; 356: 734-740. |
| W | 24-Oct-2007 | The practice of medicine | Martin Shapiro | W&T , chapter 9 (Williams SJ, "Ambulatory Health Care Services"), pp. 177-201. |
| F | 26-Oct-2007 | History of efforts to improve the public's health | Jonathan Fielding | ARK , chapter 21(Breslow L, Fielding EJ "Public Health and Personal Health Services"), pp. 591-608. JE Fielding "Public Health in the Twentieth Century: Advances and Challenges" <i>Annual Review of Public Health</i> , 1999, 20: xiii-xxx "Key Indicators of Health", County of Los Angeles Public Health, April 2007. At: http://www.lapublichealth.org/docs/Key05Report_FINAL.pdf Institute of Medicine, <i>The Future of the Public's Health in the 21st Century</i> , Washington, DC: National Academies Press, 2003, chap. 3 "The Governmental Public Health Infrastructure", pp 96-177 |
| M | 29-Oct-2007 | Hospitals: Private and non-federal public | Leah Vriesman | W&T , chapter 10 (Dowling WL, "Hospitals and Health Systems"), pp. 202-233. Horwitz JR, "Making Profits and Providing Care: Comparing Nonprofit, For-Profit, and Government Hospitals", <i>Health Affairs</i> , May/June 2005; 24(3):790-801 Cuellar AE, Gerter PJ, "How the Expansion of Hospital Systems Has Affected Consumers", <i>Health Affairs</i> , January/February 2005; 24(1):213-219. |
| W | 31-Oct-2007 | Managing hospitals: Trends and issues | Paul Torrens | PricewaterhouseCoopers, <i>Financial Health of California Hospitals</i> , Oakland: California HealthCare Foundation, June 2007. For further reading: see Foundation website for expanded report: http://www.chcf.org/topics/hospitals/index.cfm?itemID=133322 |
| F | 2-Nov-2007 | Access to health care | E. Richard Brown | ARK , chapter 1 (Andersen RM, Davidson PL, "Improving Access to Care in America: Individual and Contextual Indicators"), pp. 3-31. |
| M | 5-Nov-2007 | Mental health services: Financial access and quality of care | Alex Young | Young AS, Magnabosco JL, "Services for adults with mental illness," in Levin BL, Petrla J, Hennessy KD, eds. <i>Mental Health Services: A Public Health Perspective</i> . New York, NY: Oxford University Press; 2004:177-208. |
| W | 7-Nov-2007 | Mental health status and disparities | Jeanne Miranda | Read the first article: Miranda J, Bernal G, Lau A, Kohn L, Hwang WC, LaFromboise T, "State of the Science on Psychosocial Interventions for Ethnic Minorities," <i>Annual Review of Clinical Psychology</i> , 2005; 1:113-42 Select at least one of the following and read it: Alegria M, Mulvaney-Day N, Woo M, Torres M, Gao S, Oddo V, "Correlates of Past-Year Mental Health Service Use Among Latinos: Results From The National Latino and Asian American Study," <i>AJPH</i> , 2007; 97(1):76-83 Jackson J, Neighbors H, Torres M, Martin L, Williams D, Baser R, "Use of Mental Health Services and Subjective Satisfaction With Treatment Among Black Caribbean Immigrants: Results From the National Survey of American Life," <i>AJPH</i> , 2007; 97(1):60-67 |

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|------------|-------------|---|------------------|---|
| | | | | <p>Beals J, Novins D, Whitesell N, Spicer P, Mitchell C, Manson S, "Prevalence of Mental Disorders and Utilization of Mental Health Services in Two American Indian Reservations Population: Mental Health Disparities in a National Context," <i>American Journal of Psychiatry</i> 2005; 162(9): 1723-1732</p> <p>Beals J, Manson S, Whitesell N, Spicer P, Novins D, Mitchell C, "Prevalence of <i>DSM-IV</i> Disorders and Attendant Help-Seeking in 2 American Indian Reservation Populations," <i>Arch Gen Psychiatry</i>, 2005; 62:99-108</p> <p>Takeuchi D, Zane N, Hong S, Chae D, Gong F, Gee G, Walton E, Sue S, Alegria M, "Immigration-Related Factors and Mental Disorders Among Asian Americans," <i>AJPH</i>, 2007; 97(1): 84-90</p> <p>Abe-Kim J, Takeuchi D, Hong S, Zane N, Sue Spencer M, Appel H, Nicdao E, Alegria M, "Use of Mental Health-Related Services Among Immigrant and US-Born Asian Americans: Results From the National Latino and Asian American Study," <i>AJPH</i>, 2007; 97(1):91-98</p> <p>Alegria M, Mulvaney-Day N, Torres M, Polo A, Chao Z, Canino G, "Prevalence of Psychiatric Disorders Across Latino Subgroups in the United States," <i>AJPH</i>, 2007; 97(1):68-75</p> <p>Williams D, Haile R, Gonzalez H, Neighbors H, Baser R, Jackson J, "The Mental Health of Black Caribbean Immigrants: Results from the National Survey of American Life," <i>AJPH</i>, 2007; 97(1): 52-59.</p> |
| F | 9-Nov-2007 | Review session | — | — |
| M | 12-Nov-2007 | VETERAN'S DAY | | |
| W | 14-Nov-2007 | Health care safety net: Trends and issues | Ninez Ponce | <p>ARK, chapter 4 (Brown ER, Lavarreda SA, "Public Policies to Extend Health Care Coverage"), pp. 81-114.</p> <p>Taylor EF, Cunningham P, McKenzie K, "Community approaches to providing care for the uninsured," <i>Health Affairs</i>, 2006; 25(3):w173-182.</p> <p>Hadley J, Cunningham P, "Availability of safety net providers and access to care of uninsured persons," <i>Health Services Research</i>, 2004; 39(5):1527-1546.</p> <p>Cunningham PJ, "What accounts for differences in the use of hospital emergency departments across U.S. communities?" <i>Health Affairs</i>, 2006; 25(5):w324-336.</p> |
| F | 16-Nov-2007 | Veterans Affairs and Military Health Care | Elizabeth Yano | <p>Oliver A, "The Veterans Health Administration: an American success story?" <i>Milbank Quarterly</i>, 2007; 85(1):5-35.</p> <p>Jha AK, Perlin JB, Kizer KW, Dudley RA "Effect of the transformation of the Veterans Affairs Health Care System on the quality of care," <i>New England Journal of Medicine</i>, 2003; 348:2218-2227.</p> <p>Southby, RF, "Military Care in the 21st Century" <i>Military Medicine</i>, 1993; 158(10):637-640.</p> |

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|------------|-------------|--|------------------|--|
| M | 19-Nov-2007 | Long-term care | Nadereh Pourat | ARK , chapter 13 “Long-Term Care and the Elderly Population”), pp. 342-362. Kane RL, Kane RA, “What Older People Want From Long-Term Care, And How They Can Get It,” <i>Health Affairs</i> Nov-Dec 2001, 20(6): 114-127. |
| W | 21-Nov-2007 | no class | — | — |
| F | 23-Nov-2007 | THANKSGIVING | | |
| M | 26-Nov-2007 | Meeting the health needs of persons with chronic conditions | Moira Inkelas | Epping-Jordan JE, Pruitt SD, Bengoa R, Wagner EH. “Improving the quality of health care for chronic conditions.” <i>Quality and Safety in Health Care</i> . 2004; 13(4):299-305. Wagner EH, Austin BT, Davis C, Hindmarsh M, Schaefer J, Bonomi A. “Improving chronic illness care: translating evidence into action.” <i>Health Affairs</i> , 2001; 20(6):64-78. |
| W | 28-Nov-2007 | Meeting the health needs of the elderly | Steve Wallace | Wallace SP. “The Public Health Perspective on Aging.” <u>Generations</u> . 29:2(2005), 5-10 Wagner EH, Austin BT, Davis C, Hindmarsh M, Schaefer J, Bonomi A. “Improving chronic illness care: translating evidence into action”. <i>Health Affairs</i> . 2001; 20(6):64-78. Wallace Steven P., Villa Valentine M. 2003. “Equitable health systems: cultural and structural issues for Latino elders.” <i>Am J Law Med</i> . 2003;29(2-3):247-67 |
| F | 30-Nov-2007 | Meeting the health needs of children | Neal Halfon | Halfon N, DuPlessis H, Inkelas M. Transforming the US child health system. <i>Health Affairs</i> , 2007; 26(4): 315-330 ARK , chapter 15 (Inkelas M, Halfon N, Wood DL, Schuster MA, “Health Reform for Children and Families”), pp. 405-438. Rosenbaum S, Wise PH. Crossing the Medicaid-private insurance divide: The case of EPSDT <i>Health Affairs</i> , 2007. 26(2): 382–393 |
| M | 3-Dec-2007 | Health care expenditures in perspective: Case of pharmaceuticals | William Comanor | W&T , chapter 3 (PhRMA, “Pharmaceuticals”), pp. 310-325. ARK , chapter 7 (Schweitzer SO, Comanor WS, “Controlling Pharmaceutical Prices and Expenditures”), pp. 157-182. |
| W | 5-Dec-2007 | Health planning: Managing the supply of health services | Gerald Kominski | Center for the Evaluative Clinical Sciences, The Care of Patients with Severe Chronic Illness: A Report on the Medicare Program by the Dartmouth Atlas Project. Dartmouth Atlas home page: http://www.dartmouthatlas.org/index.shtm The Manitoba Centre for Health Policy and Evaluation, POPULIS: Providing Health Information to RHA Planners Roos NP, Black C, Roos LL, et al. “Managing Health Services: How the Population Health Information System (POPULIS) Works for Policymakers,” <i>Medical Care</i> 1999;37(6, Supplement):JS27-JS41 |
| F | 7-Dec-2007 | Review session | — | — |

FACULTY LECTURERS

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| <p>Lester Breslow, M.D., M.P.H., Sc.D. Professor Emeritus, Department of Health Services, UCLA School of Public Health and Dean Emeritus, UCLA School of Public Health</p> | <p>Robert M. Kaplan, Ph.D. Professor and Chair Department of Health Services UCLA School of Public Health</p> |
| <p>William Comanor, Ph.D. Professor, Department of Health Services, UCLA School of Public Health and Professor, Economics, University of California at Santa Barbara</p> | <p>Gerald Kominski, Ph.D. Professor, Department of Health Services, UCLA School of Public Health and Associate Director, UCLA Center for Health Policy Research And Associate Dean, UCLA School of Public Health</p> |
| <p>Jonathan Fielding, MD, MPH, MA, MBA Professor, Department of Health Services, UCLA School of Public Health and Director, Department of Public Health, Los Angeles County</p> | <p>Jeanne Miranda, Ph.D. Professor, Department of Psychiatry and Biobehavioral Sciences, UCLA School of Medicine</p> |
| <p>Neal Halfon M.D., M.P.H Professor of Pediatrics, Public Health and Public Policy and Director, UCLA Center for Healthier Children, Families & Communities</p> | <p>Ninez A. Ponce, PhD, MPP Associate Professor, Department of Health Services, UCLA School of Public Health and Senior Research Scientist, UCLA Center for Health Policy Research</p> |
| <p>Moira Inkelas, Ph.D. Assistant Director, UCLA Center for Healthier Children, Families & Communities and Assistant Professor, Department of Health Services, UCLA School of Public Health and Assistant Director, UCLA Child and Family Health Program</p> | <p>Nadereh Pourat, Ph.D. Adjunct Associate Professor, Department of Health Services, UCLA School of Public Health and Senior Research Scientist, UCLA Center for Health Policy Research</p> |

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| <p>Martin Shapiro, M.D., Ph.D. Professor, Department of Medicine, UCLA School of Medicine and Professor, Department of Health Services, UCLA School of Public Health</p> | <p>Steven Wallace, Ph.D. Professor, Department of Community Health Sciences, UCLA School of Public Health and Associate Director, UCLA Center for Health Policy Research</p> |
| <p>Paul R. Torrens, M.D., M.P.H. Professor, Department of Health Services, UCLA School of Public Health</p> | <p>Elizabeth Yano, PhD Associate Director HSR & D Center of Excellence VA Greater LA Healthcare System and Adjunct Assistant Professor, Department of Health Services, UCLA School of Public Health</p> |
| <p>Leah Vriesman, Ph.D., MHA, MBA Associate Director, MPH in Health Policy & Management, and Assistant Professor, Department of Health Services, UCLA School of Public Health</p> | <p>Alexander S. Young, MD, MSHS Professor, Dept of Psychiatry, UCLA School of Medicine and Director, Health Services, VA Mental Illness Research, Education and Clinical Center".</p> |