

UCLA SCHOOL OF PUBLIC HEALTH
MPH for Health Professionals

HS 200A

HEALTH SERVICES ORGANIZATION AND FINANCING

Fall Quarter 2002

Saturday 8.00 AM – 12.00 PM.

Faculty:

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DESCRIPTION

This course is the first of a year long three-course sequence focusing on the health system. Courses in this sequence are:

1. Health Services 200A (Fall 2002)
2. Health Services 200B (Winter 2003)
3. Health Services 442 (Managed Care).

The Fall and Winter course offerings (Health Services 200A and 200B) will be coordinated by Dr. Thind. In addition, other faculty from the Department of Health Services and elsewhere in the University, as well as select health policy makers and managers from the Southern California community will participate in various sections of the course as appropriate. Since the content of these three courses forms the basis for understanding the implications of most of the other courses in this Program, these three courses should be considered as core courses and thus requiring each student's major attention.

KNOWLEDGE OBJECTIVES

Health Services 200A and B are designed to provide an extensive introduction to health services in the United States. With regards to knowledge objectives, upon completion of the course the student should:

- (1) have a strong understanding of the historical development, the current structure, and ways of describing or conceptualizing the health care system in the United States;
- (2) have a good understanding of how the health care system in the United States responds to the health care needs of the population and their demand for services;
- (3) have a good grasp of the essential ways in which health services are provided and paid for in the United States;
- (4) have considerable familiarity with the major types of health care organizations in the United States, as well as with the personnel comprising them.

COURSE REQUIREMENTS

Course requirements will include mastery of course content through reading, attendance at all lecture sessions, and active participation in course discussions. Since a good deal of the course learning will result from open discussion and dialogue during the lecture sessions, students will be expected to attend all lecture sessions. If a student needs to be absent from a particular course session, the student should inform the instructor well in advance of the session so that appropriate course material can be made available to the student. Absences from class severely impede individual student learning as well as group dialogue and will be considered a serious matter by faculty.

READINGS

1. There are two **textbooks** for the class; these will be used for Health Services 200A and 200B. These are:
 - SJ Williams and PR Torrens (1999). Introduction to health services. *Delmar series in health services administration*.
 - R Andersen, TH Rice and GF Kominski (2001). Changing the U.S. health care system : key issues in health services, policy, and management.
2. These will be supplemented with a **reader** encapsulating the current literature on lecture topics.
3. Students are expected to be up to date on health policy issues. While this can be accomplished with the aid of a daily newspaper, it is recommended that students sign up for either of these daily/weekly e-mail services:
 - a. **California Healthline:** Published by the California Healthcare Foundation, the California Healthline is a free daily e-mail service that provides news of current events within the health care field, focusing primarily on California. To register (registration is free) for this go to www.californiahealthline.org.
 - b. **Kaiser Health Policy Report:** Published by the Kaiser Family Foundation, this is also a free e-mail service similar to the California Healthline, but with a more national focus. You can register for it at www.kaisernetwork.org. (Click on the 'email-signup' button on the top right hand side of the screen)

ASSIGNMENT

The primary assignment for the HS 200A course will be the completion of a final course paper, "**Community & Marketplace Analysis.**" This paper will be due on the last day of class, **December 14, 2002**. This assignment is a major part of the learning process in this course and will comprise half the academic grade for the class.

In order to facilitate decision making, it is essential that decision makers have all the pertinent information. With health care being an ever more a local endeavor, it is imperative for us to understand the picture at the community/marketplace level. The aim of this exercise is to provide the student with not only the knowledge of the component parts of the American health care system as they function at the community/marketplace level, but also the skills to analyze that system in any community or marketplace In the United States.

Students are required to select a community or marketplace they are interested in and analyze it from the perspective of the health needs and the health system that exists to serve those needs. The final report should address the following issues (at a minimum):

1. What is the health status of the community?
 - Students should present a composite picture of the health status of the

community. For example, demographic data, socio-economic indicators, and pertinent indicators of health status should be presented and discussed.

2. What is the health system in this community/marketplace?
 - For example, what are the facilities in the community where individuals obtain care? Are these out-patient or in-patient? How is this care paid for? Do these facilities attract patients from outside the community/marketplace? etc.
3. Trends/Forces of Change.
 - For example, is there a suitable match between the health services needs of the community and the supply of services? What are the trends (national/regional/local) impacting the health status and health system of this community? How is the community/marketplace responding to these trends/forces? What do you anticipate in the future? etc.

The report should be succinct - not more than 15 double spaced pages in length with 1" margins and a 12 point font. (Note: tables, appendices, references, etc. are not included in this total.)

Information for this assignment can be obtained in many ways. You may already be familiar with a community by virtue of your work or interest. You can also research the web and peruse published materials. The web is a good place to start – you might want to explore the wealth of information and links available at the National Center of Health Statistics or the Los Angeles County Department of Health Services web sites. (Note: These are presented as examples of sites you might want to visit; there are many such sites on the web and it is quite possible you are aware of better ones.)

In terms of presenting your findings and analyses, you might want to look at reports published by the Center for Studying Health System Change in Washington, DC. Three reports (Orange County, CA, Boston, MA and Miami, FL) are included the reader as examples; you might want to explore others at their website (www.hschange.com).

STUDENT EVALUATION

Course requirements will be weighted according to the following:

<u>Requirement</u>	<u>Weight</u>
Final Paper	50 points
Class participation	50 points
Total	100 points

Letter grades for the course will be assigned as follows:

98-100 = A+

93-97 = A

90-92 = A-

88-89 = B+

83-87 = B

80-82 = B-

78-79 = C+

73-77 = C

70-72 = C-

Below 70 = F

LECTURE SCHEDULE

SEPTEMBER 21 – SESSION 1

(This session will not be devoted to HS200)

OCTOBER 5 – SESSION 2

Lecture: Course Introduction
History of the US Health Care System: How Did We Get Here?

Speakers: Amardeep Thind, MD, PhD
Paul Torrens, MD, MPH

Text: Williams & Torrens Chapters 1, 3, 15

Reader: P Starr (1982). The social transformation of American medicine. pp. 420- 450.

OCTOBER 12 - SESSION 3

Lecture: Measurement of Health Status
Models of Understanding the Health System

Speakers: Paul Torrens, MD, MPH
Amardeep Thind, MD, PhD

Text: Williams & Torrens Chapter 2
Andersen, Rice & Kominski Chapter 1

Reader: Los Angeles County of Health Services and UCLA Center for Health Policy Research (2000). The Burden of Disease in Los Angeles County. A Study of the Patterns of Morbidity and Mortality in the County Population.

OCTOBER 26 - SESSION 4

Lecture: Financing Health Care
Employer Based Health Insurance

Speakers: Amardeep Thind, MD, PhD

Text: Williams & Torrens Chapter 5
Andersen, Rice & Kominski Chapter 3

Reader: S Heffler, S Smith, G Won, MK Clemens, S Keehan and M Zezza (2002). Health spending projections for 2001-2011: the latest outlook. Faster health spending growth and a slowing economy drive the health spending projection for 2001 up sharply. *Health Aff (Millwood)*. **21**, 207-18.

BC Strunk, PB Ginsburg and JR Gabel (2002). Tracking health care costs. *Health Aff (Millwood)*. **Suppl**, W39-50.

A Martin, L Whittle, K Levit, G Won and L Hinman (2002). Health Care Spending During 1991-1998: A Fifty-State Review. *Health Aff (Millwood)*. **21**, 112-126.

S Trude, JB Christianson, CS Lesser, C Watts and AM Benoit (2002). Employer-sponsored health insurance: pressing problems, incremental changes. *Health Aff (Millwood)*. **21**, 66-75.

JB Christianson, ST Parente and R Taylor (2002). Defined-contribution health insurance products: development and prospects. *Health Aff (Millwood)*. **21**, 49-64.

A Lyles, JP Weiner, AD Shore, J Christianson, LI Solberg and P Drury (2002). Cost and quality trends in direct contracting arrangements. *Health Aff (Millwood)*. **21**, 89-102.

NOVEMBER 9 - SESSION 5

Lecture: Managed Care

Speakers: Paul Torrens, MD, MPH

Text: Williams & Torrens Chapter 6
Andersen, Rice & Kominski Chapter 15

Reader: DA Draper, RE Hurley, CS Lesser and BC Strunk (2002). The changing face of managed care. *Health Aff (Millwood)*. **21**, 11-23.

NOVEMBER 23 - SESSION 6

- Lecture: Medicaid
Uninsured Californians, MediCal & Healthy Families
- Speakers: Amardeep Thind, MD, PhD
E. Richard Brown, PhD
- Text: Williams & Torrens Chapter 5
Andersen, Rice & Kominski Chapters 2, 11
- Reader: Kaiser Commission on Medicaid (2001). Medicaid: A Primer.

Kaiser Commission on Medicaid (2002). The Uninsured and Their Access to Health Care.

Kaiser Commission on Medicaid (2002). Uninsured in America: Is Health Coverage Adequate?

Kaiser Commission on Medicaid (2001). Medicaid and Managed Care.

DECEMBER 14 - SESSION 7

- Lecture: Medicare: Past, Present & Future
- Speakers: Jerry Kominski, PhD
- Text: Williams & Torrens Chapters 5
Andersen, Rice & Kominski Chapter 16
- Reader: The Henry J. Kaiser Family Foundation (2001). Medicare At A Glance.

The Henry J. Kaiser Family Foundation (2001). Medicare+Choice.

NA DeParle (2002). As good as it gets? The future of Medicare+Choice. *J Health Polit Policy Law*. **27**, 495-512.

SAMPLE READINGS FOR THE WRITTEN ASSIGNMENT

Center for Studying Health System Change (2001). Community Report: Orange County, California. Third Visit 2000 - 2001.

Center for Studying Health System Change (2001). Community Report: Miami, Florida. Third Visit 2000 - 2001.

Center for Studying Health System Change (2001). Community Report: Boston, Mass. Third Visit 2000 - 2001.