

10/07

**Health Services 100
Fall 2007**

**INTRODUCTION TO HEALTH SERVICE ORGANIZATIONS
Stuart O. Schweitzer, Ph.D.**

Lecture Time: Monday and Wednesday, 3-4:50pm. Discussion Sections meet Fridays 3-4:50.

Instructor's office hours: Wednesday 2-3 and by appointment (825-2595 or sschweit@ucla.edu) at CHS 31-269. Students are invited to write to either the instructor or the graduate readers asking questions - specific or general. Replies will be sent to all participating students through a class e-mail list. Feel free to use this system to address questions and issues, as you feel appropriate. Real office hours remain available for real person-to-person communication! The Graduate Readers for the course are **Gregory Maglinte** and **Jun Hu**. They will announce their office hours individually.

Purpose of the Course: The purpose of this course is to provide students with a basic understanding of the U.S. Health Care System. The course describes how various health care components work individually, and how they work (or fail to work) together to create the "health care system." It also covers the important issues and questions relating to health care reform, pointing out trends and forces that are likely to influence the future direction of the U.S. health care system. Though the orientation of the course is toward the American health care system, the experience of foreign systems will frequently be noted.

Course Requirements: Evaluation of the student's performance in the course will be based upon

1. Prepared participation in classroom discussions of readings. Students may be called upon without prior warning to present summaries of assigned readings or views of issues that arise in general discussion (weighted 10%).
2. Submission of abstracts (one paragraph) of two of the readings. Students may be called upon to present one or both abstracts during discussion sections. (10%).
3. Three in-class "Midterm" Examinations, including short-answer and essay questions. The exams are weighted 16% (first exam) and 32% each for the two remaining exams).
4. As an inducement to become acquainted with a particularly good and influential weekly news publication, students will be given an additional 1% extra credit for each half-page abstract of a health-related article from *The Economist* magazine (up to a maximum of 5%). Current issues are available in the Powell Undergraduate Library and the Young Graduate Research Library, and slightly older issues are available in 31-269, outside Professor Schweitzer's office. The abstracts must be turned into one's Graduate Reader by the end of the last week of classes. The extra credit points will be added to one's total score at the end of the quarter before rankings and grades are determined.

Grading: Final grades will be based upon the weighted individual scores (including extra credit) noted above. The normal grade for graduate students at UCLA is "B." "A" and "A-" are reserved for those few students who do exceptional work. Grades will be

assigned with reference to the entire distribution of final scores. The very top cluster of students will receive an "A", with the next receiving an A- and so forth. There is no a *priori* assumption that any particular numerical score (e.g. 90) will deserve an "A."

Readings: The required text is Stephen J. Williams and Paul R. Torrens, editors, Introduction to Health Services (Sixth Edition). Albany: Delmar Publishers (2002). It is abbreviated as **WT** in the reading schedule. The book is available at the Health Sciences Bookstore. A set of collected readings is also required, and is available at Westwood Copies, on Gayley Avenue (next to The Coffee Bean). The lectures are on PowerPoint and the complete set is also available from Westwood Copies. Purchase of the lectures is optional, but may facilitate note-taking.

Schedule of Topics and Reading Assignments: Reading assignments are to be read by the assigned date. Exam dates cannot be changed, so consult your calendars early.

INTRODUCTION TO THE COURSE and OVERVIEW OF THE ORGANIZATION OF HEALTH SERVICES

Oct 1 **Introduction to the Course and the Subject**
The U.S. Health System: Where we are and where we came from
Readings: **WT** Chapters 1 and 2
Ginzberg E, Ten Encounters With the US Health Sector, 1930-1999, JAMA 282(17):1665-8, 1999.
"The health of nations," The Economist, July 17, 2004.

THE NEED AND DEMAND FOR HEALTH CARE

Oct 3 **Health and Illness**
Readings: **WT** Chapter 4
Highlights, Health United States 2003, p. 3-7.
What is Healthy People, Goals, Health Status, Determinants of Health, Healthy People 2010 Goals, Healthy People 2010.
and
Health Services Access and Utilization
Readings: **WT** Chapter 4
"Executive Summary" and Highlights Health United States 2005, p. 3-18.
Scott G and Ni H, "Access to Health Care Among Hispanic/Latino Children, United States: 1998-2001," CDC Advance Data 344:1-8, June 24, 2004.

THE COMPONENTS OF A HEALTH SYSTEM

Oct 8 **Managed Care**
Readings: **WT** Chapter 6
Allen JE, HMOs Still Have Work To Do, Survey Finds, LA Times, June 12, 2000.
Gordon S, HMOs Fight the Sick Instead of the Sickness, LA Times, June 15, 2000.

Oct 10 **Public Health: The Public's Response to National Health Issues: The Case of Smoking in America**
Readings: **WT** Chapter 8
See cover of *The New Yorker* (September 23, 2002).
U.S. Department of Health, Education, and Welfare, Smoking and Health:

Report of the Advisory Committee to the Surgeon General of the Public Health Service, Chapter 4 “Summaries and Conclusions”, (Washington, D.C.: Government Printing Office), 1964.

U.S. Department of Health and Human Services, Strategies for Reducing Exposure to Environmental Tobacco Smoke, Increasing Tobacco-Use Cessation, and Reducing Initiation in Communities and Health Care Systems: A Report on Recommendations of the Task Force on Community Preventive Services, Morbidity and Mortality Weekly Report 49/no. RR-12 (Centers for Disease Control and Prevention:Atlanta) November 10, 2000.
Breslow L, From Disease Prevention to Health Promotion, JAMA 281(11):1030-1033, 1999.

Schoenborn CA, Vickerie JL, and Barnes PM, “Cigarette Smoking Behavior of Adults: United States, 1997-1998,” CDC Advance Data 331:109, February 7, 2003.

Barnes PM and Schoenborn CA, “Physical Activity Among Adults: United States, 2000,” CDC Advance Data 333:1-7, May 14, 2003.

Schoenborn CA, Adams PF, and Barnes PM, “Body Weight Status of Adults: United States, 1997-98,” CDC Advance Data 330:1-8, September 6, 2002.

Oct 15 **Ambulatory Health Care**

Readings: WT Chapter 9

Hing E, Cherry DK and Woodwell DA, “National Ambulatory Medical Care Survey: 2004 Summary,” CDC Advance Data 374: selected pages, June 23, 2006.

First mid-term exam (one hour)

Oct 17 **Hospitals**

Readings: WT Chapter 10

Oct. 22 **Long Term Care**

Readings: WT Chapter 11

Gabrel CS, Characteristics of Elderly Nursing Home Current Residents and Discharges.

Binstock RH, Spector WD, Five Priority Areas For Research On Long-Term Care, Journal of Health Services Research 23(5):715-30, 1997.

Oct 24 **Medical Technology: The Example of Pharmaceuticals**

Readings: WT Chapters 3 and 13

Out of Reach, LA Times, May 29, 2000.

Pharmaceutical Industry Profile 2006, (Wash. D.C.: PhRMA), Research and Development, Access to Medications, New Medicines, PhRMA Annual Membership Survey Definition of Terms and Tables, Key Facts. (For full report, see:

<http://www.phrma.org/files/2006%20Industry%20Profile.pdf>)

Oct 29 **The Health Professions**

Readings: WT Chapter 14

Bodenheimer T, The American Health Care System: Physicians and the Changing Medical Marketplace, NEJM 34(7):584, 1999.

Oct 31 **Mental Health Services** (Guest Lecturer: Mr. Clayton Chau)

Readings: **WT** Chapter 12

Alix Spiegel, "The Dictionary of Disorder: How one man revolutionized psychiatry," The New Yorker January 3, 2005.

Findlay S, Managed Behavioral Health Care In 1999, Health Affairs September/October 1999.

Burnam A and Escarce J, Equity In Managed Care For Mental Disorders", Health Affairs September/October 1999.

Nov 5 & 7 **No Class.** Annual Meetings of the American Public Health Association, Washington, D.C.

Nov 12 **Veterans Day Holiday – no class**

Nov 14 **Second "midterm examination" (2 hours)**

PAYING FOR HEALTH SERVICES

Nov 19 **Private Health Insurance**

Readings: **WT** Chapter 7

Blumenthal, D, "Employer-Sponsored Health Insurance in the United States – Origins and Implications", New England Journal of Medicine 355:82-88, July 6, 2006.

Nov 21 **Financing Health Services**

Readings: **WT** Chapter 5

Smith S, Heffler S, and Freeland M, The Next Decade of Health Spending: A New Outlook, Health Affairs July/August 1999.

HEALTH POLICY ISSUES

Nov 26 **Regulation and Quality Assurance**

Readings: **WT** Chapter 16

Bodenheimer T, The American Health Care System: The Movement For Improved Quality In Health Care", NEJM, 34(6):488.

Chen J, Radford MJ, and Wang Y, Performance of the 100 Top Hospitals: What Does the Report Card Report, Health Affairs July/Aug 1999.

Nov 28 **Health Policy and Politics**

Readings: **WT** Chapter 15

Executive Summary and Policy Review and Recommendations, The State of Health Insurance In California, 1999.

Shalala DE, and Reinhard UE, Viewing the US Health Care System from within: Candid Talk from HHS", Health Affairs May/June 1999.

Dec 3 **A Look at the Ethics of Health Care**

Readings: **WT** Chapter 17

Loey EH, Health Care Systems and Ethics: What Can We Learn? Health Care Analysis 7(4):309-20, 1999.

and

A review of Current Issues in Health Policy (last lecture)

Madrick P, "Studies Look at Health Care in the U.S." New York Times, July 8, 2004.

"The Health of Nations", The Economist, July 17, 2004, pp. 3-19.

Dec 5 **Third “mid-term” examination (two hours)**